

25-Sep-2019							
800m							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Joshua Eames		M	8	2	800m	6:32
1.5K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Bryan Vigrass		M	80	157	1.5K	11:22
3.6K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Harry Cope		M	7	388	3.6K	19:36
2	Paul Cope		M	45	547	3.6K	20:14
3	Joanne Phillips		F	40	374	3.6K	22:37
5K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Leah Fynney		F	45	300	5K	24:31
2	Richard Dodd		M	55	169	5K	28:43