

14.09.19							
3.9K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Eden Pigott	Buxton AC	F	9	420	3.9K	20:12
2	Emily Pettitt		F	11	787	3.9K	20:12
3	Claire Williamson		F	50	207	3.9K	23:51
4	Sarah Garde		F	50	352	3.9K	26:27
5	Dawn Brown		F	50	208	3.9K	28:41
6	Keira Carney		F	12	577	3.9K	47:25
7	Jamie Carney		M		379	3.9K	47:26
10K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Marcus Hulme		M		805	10K	40:14
2	Harry Bond	Buxton AC	M	15	39	10K	40:43
3	Isaac Elkington	SMAC	M		189	10K	44:09
4	Martin Pigott	SMAC	M	40	204	10K	47:36
5	Rob Bond	SMAC	M	40	158	10K	48:36
6	Daniel Knowles		M	45	122	10K	50:30
7	Julian Brown	Macclesfield Harriers	M	50	185	10K	50:37
8	James Lockett		M	40	389	10K	52:20
9	Neil Flavell		M	50	767	10K	52:39
10	Daniel Frewer	SMAC	M		522	10K	53:10
11	Paul Lockett		M	45	546	10K	53:33
12	Leah Fynney		F	45	300	10K	53:34
13	David Hinton		M		235	10K	54:49
14	John Lagan		M	65	218	10K	1:02:02
15	Suzie Noble		F	40	283	10K	1:02:03
16	Wayne Pettitt		M	40	789	10K	1:02:33
17	Sandra Jeffery		F	40	830	10K	1:07:16
18	Laura Towers		F		883	10K	1:07:23
19	Russell Cartlidge		M		999	10K	1:07:26
20	Julie Pettitt		F	40	788	10K	1:08:16