

11-Sep-2019							
800m							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Lewis Mason		M	9	999	800m	*7:21
2	Joshua Eames		M	8	2	800m	*7:23
							*=tbc
2.2K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Sam Bourne	SMAC	M	9	792	2.2K	11:10
2	Alex Poulton	SMAC	M		570	2.2K	15:45
3	Julie Bourne		F	40	822	2.2K	16:03
5K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Leah Fynney		F	45	300	5K	24:58
2	Stephen Billing		M	60	795	5K	27:51
3	Richard Dodd		M	55	169	5K	28:23