

7-Aug-2019							
800m							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Joshua Eames		M	8	2	800m	4:43
2.2K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Sam Bourne	SMAC	M	9	792	2.2K	10:19
2	James Burgess	Buxton AC	M	9	31	2.2K	10:27
3	Alex Poulton	SMAC	M		570	2.2K	12:54
4	Julie Bourne		F	40	822	2.2K	16:02
5K							
Position	Name	Club	M/F	Cat	Vest No	Distance	Run Time
1	Martin Pigott	SMAC	M	40	204	5K	23:09
2	Leah Fynney		F	45	300	5K	24:32
3	Jack Birch		M		199	5K	24:36
4	Karl Birch		M	45	191	5K	25:11
5	Stephen Billing		M	60	795	5K	27:47
6	Richard Dodd		M	55	169	5K	29:08
7	Karen Avery		F	45	568	5K	29:53
8	Sarah Garde		F	50	352	5K	31:02