Brough Park Running Club

There will be the usual five distances in the Couch to 5K events on Saturday the 14th September 2018; however, as this is the 3rd anniversary date after the commencement of the project in 2015, we will be holding an additional 10K event for those hardy enough to take up that challenge.

It will be held over the same route as it followed on previous occasions, with marshals at the most strategic points.

There is no separate registration, just the need to declare your intensions to an official before the off.

BPRC

pic' A quartet of jubilant finishers of a previous 10K.