

Brough Park Running Club weekly event. (01/07/2017)

Despite a handful of new entrants the overall turnout was below par; perhaps due to the September weather conditions and a few other, local events over the weekend.

The 5K saw previous winners, thirteen-year-old Harry Bond and Isaac Elkington at the front throughout, before the latter pulled clear to cross the line twenty seconds ahead in 21.05, which left the young man just eleven seconds off his best and the leader a minute or so off his. Fifteen-year-old Archie Cooper dropped back thirty seconds to 22.30 in his second event which was over a minute ahead of post-holiday blues of Jack Hancock and a slower 23.42 for Jamie Carney; with Martin Phillips dropping back twenty seconds to 23.44.

Matthew Hales continues to improve; a 25.29 finish gave him a seven second reduction off his best and only a handful behind Paul Goldstraw, and thirty ahead of the consistent John Lagan. Rob Bond enjoyed a slower paced event; while Dan Knowles also took things easy to run alongside of friend, John Hyde and his tethered dog, to an inaugural 27.44.

There was a slight set-back of five seconds for Helen Finney to 27.10; and Jan Percival also crossed the line thirteen slower in 28.26; whereas, Joanne Higgins chopped thirty seven seconds off her PB and could be looking forward to a new time slot with a 28.19 time.

Weekend working hasn't dented Kim Lagan-Walters progress too much, as she clocked only a slightly slower 29.18; with v65 Bill Mould set-back to 29.57 and Wendy Lee's 30.30, possibly the result of a seven week absence.

Despite having no running partner, Dawn Brown continues in an upward-mode and managed to clip a dozen seconds off her PB to 34.30.

The 1.5K distance may be getting easier for Rebecca Dodd, but those worn out walking shoes - acting as trainers - aren't aiding her progress, as a 10.32 time reflects. Four year old Bleu Bailey led a string of youngsters to the line in 11.03; following on, Isabel Stoddart (5), Isaac Williams (4) and Marlie Bartram (5) recorded 11.45, 11.50 and 11.56; with the latter being accompanied by mother Dan.

The 2.2K was fronted once again by nine-year-old Lewis Smith with a 9.13 finish, which was twenty eight seconds ahead of SMAC athlete, Joshua Williams (13) and a further nine ahead of his club-mate, Oliver Bailey; with ten year old Mollie Williams gaining a PB of four seconds in 9.50.

Fourteen-year-old Harrison Smith recorded 10.40, which was twelve seconds ahead of Grace Bond (10); with ten-year-old Archie Bartram leading father, Gary, to the finish by twelve seconds in 11.10, despite the latter's improved time; whereas, Lara Smith (8) out-paced her father, Martin, by seven seconds only a stride behind.

Ten-year-old Edward Dodd and brother William (5) both suffered off days as they recorded slower than usual times of 11.32 and 12.33; with Kerrie Nixon splitting their placing with a PB of two seconds in 12.04 - a fifth successive improvement.

The Phillips trio also covered the route in slower times; with Imogen (9) almost a minute ahead of six year old Noah and mother Joanne in 13.06 - the latter recording almost the exact time as last week.

V65, Mary-Jane Searles hasn't got back into her stride, or her distance, following her recent holiday in Scotland, and recorded a slower 17.52; with six year old Rowan Chandler escorted by his mother almost a minute behind.

In the 3.6K there was an unfortunate fall for the leader; thirteen year old Louise Hackett slipped on the greasy surface at a turn, which resulted in a nasty graze to her knee and a time of 17.00 reflected that. The 24.47 return for v55, Elaine Hargreaves, was an improvement of two seconds as she crossed the line behind Richard Dodd's consistent 21 minute time, and ahead of v80, Bryan Vigrass' 26.22; with Lorna Stoddart two minutes in arrears.

Many thanks to recorder Sam Goldstraw.

B. (An ear to the ground and an eye on the times)