

Brough Park Running Club weekly event. (24/06/2017)

The last event, all-time-high turnout has been surpassed; boosted, once again by an influx of new registrations, both individuals and family groups.

Fourteen-year-old, Eden Schiller, was one of those; more accustomed to flatter terrain as part of her triathlon workout, the SMAC athlete broke from the start line to lead the 5K throughout, understandably slowing over the last lap, to cross the line thirty seconds ahead of Isaac Elkington in 21.02. Martin Pigott pushed himself along to end with a PB of five seconds, a further seventeen seconds adrift; with fifteen-year-old Archie Cooper recording an even twenty two minutes on his debut.

The following trio all gained PB's: Rob Bond saw a reduction of a mere two seconds to 22.22, Alex Roberts returned after twelve weeks to knock his down by eighty one to 22.31; Jamie Carney's third consecutive event resulted in another PB, on this occasion by thirteen seconds and three and a half minutes overall.

Another newbie, Martin Phillips, chalked up a 23.24 time and was pursued by Dan Knowles who finished just ten seconds behind, having overhauled the improved run of both Paul Goldstraw and Tony Williamson - who beat his seven month old PB by three seconds - the latter two exchanging places en-route with the former finishing well and a stride ahead in 23.47.

The Walton's last run together was over three months ago, when they finished just a few seconds apart; on this occasion father Michael overtook during the mid-lap to set a PB of seventy four seconds in 25.07; while sixteen-year-old daughter, Rebecca, chipped fourteen seconds off in 26.22; their placing was split by Matthew Hales' 26.22, a PB of thirteen seconds. Helen Finney pulled clear of Jan Percival to finish with a PB of forty four seconds in 27.05, some seventy seconds ahead of the improved performance of the latter, which was only three seconds off her best; while Claire Williamson consolidated her time in the mid-29 minute bracket.

Two nine-year-olds, Jake Wood and Chloe Bates, ran the full distance together record similar 34.08 times, with Matthew Lear completing his inaugural event a few seconds behind.

Running partners, Danielle Latham and Gina Lockett, returned after six months to record slower 34.18 times, despite covering longer and tougher terrain during their evening training stints.

Pacing each other along once again, Dawn Brown and Sarah Garde both reduced their previous times to 34.30, which enabled the former to get within a stride or two off her best time and the latter a minute off hers. Ten year old Kyle Bates and Rachel Knight meandered around their first adventure in 39.06.

The Dodd family had mixed fortunes in the events they chose; Rebecca once again entered the 1.5K and copped sixty eight seconds off her first event time; hopefully that time can be further improved when she gets 'down Hanley duck' to purchase some go faster trainers. The other three members of the family attained slightly slower times in their distances; Edward (7) completed the 2.2K in 11.39 followed by William (5) in 12.05; father Richard continued in the 3.6K, on this occasion he returned with a seven seconds slower time than his last outing in 21.04.

Four-year-old Elodie Kenealy and mother Zoe upped the distance to the 2.2K and secured an 18.37 time.

Hazel (5) and mother Rachel Evans completed this distance for the first time with a 13.09 finish; with Dan Bartram improving on her first event by ninety seconds in 10.28; the other family members, Marlie (5) and father Gary, trundled in with a 20.13 time in the 2.2K.

Ten-year-old Sienna Phillips is used to racing around the longer distances, however, following a late night she still seemed half asleep and chose to accompany mother Marie in her third, Saturday 1.5K, which resulted in an improved time of 12.51; chopping ninety seconds off over

three Saturday events; an achievement aided by the encouraging words of "dig in mother" and mid week training sessions where she tags along on her bike.

The 2.2K was fronted by thirteen-year-old Harry Bond, who reduced his PB by a whole second to 8.41; while brothers, Tom and Josh Luznyj (11) sometimes cover the route in tandem, along with their mother, Angela; on this occasion Tom was forty eight seconds ahead of his sibling in 10.37; mother continuing along to 20.47 in the longer distance; with the Smith duo of Lara (7) and father Martin recorded a slower 11.10 finish.

The Goulding siblings, Tommy (9) and Lena-May, had mixed fortunes; the former knocked a minute off his best in 11.47, whereas the latter was eighty seconds behind her best in 13.54; mother, Angela, gained a PB of seven seconds in 13.59 - almost a minute reduction in three runs.

Seven-year-old Emily Jones reduced her PB by over half a minute to 11.58 and run partner, Imogen Phillips (9), returned a ten second slower 12.05; which was a stride ahead of the successive improvement by Kerrie Nixon; on this occasion she reduced her time by eighteen seconds to 12.06.

The faster, unaccompanied 12.34 time of seven-year-old Martha Williams was almost a minute ahead of the slower than usual run of Martin Day and son Joel (6); which was followed by a four minute improvement by six-year-old Noah Phillips' 13.27 - this week there was no tumble - an achievement that left mother, Joanne, some forty seconds behind.

Lorna Stoddart secured a first attempt 13.56, whereas v40, Rhodes Barker returned after a long absence and chopped well over two minutes off her long standing best in 15.08; hubby, Alex going on to complete the 3.6K in 22.19.

Six-year-old Joshua Eames was encouraged by a side-lined mother to a 15.37 time, which was only a handful of seconds in arrears of Howard and Florence Render (5), the youngster achieving a PB of over a minute.

The consistent training stints of thirteen year old Louise Hackett seem to be paying off; her 3.6K record being smashed by a massive one hundred and six seconds and is down to 16.50; with v55, Elaine Hargreaves recording a consistent 25.04.

Thanks to recorders: Sam Goldstraw and Rachel Massey with Matthew Lear aiding the tidy-up.  
B. (An ear to the ground and an eye on the times)