

Brough Park Running Club weekly event. (04/02/2017)

The event got under way after a delayed start due to late gritting of a few icy areas that developed as the morning wore on; the air temperature was cool despite a bright sun and the 150 metre grass section was muddy.

Nick Hulme returned after a seven week absence to lead the 5K almost from the start, to the line, in 22.47; which is way off his best, and could be attributed to a self-inflicted, late night on 'JD'. Second placed Steve Massey managed to stave off the pursuit of Steven Corden by thirty three seconds, as the latter lost his training partner, Donna Eames, along the way; the trio clocking 23.13, 23.46 and 24.34 respectively.

A consistent Paul Goldstraw returned 25.04 as his follower, Christopher Nelson, gained ground over the latter laps to forge out a PB of thirty seconds in 25.33 – which was an improvement of ninety seconds on his last outing - outpacing an improved Karl Birch by nineteen seconds. Birthday boy, Paul Chauveau (58), celebrated his day in fine form as he claimed a PB of thirty six seconds in 26.55, as he fought to overhaul Kevin Holroyd who was almost two minutes off his best at 26.42.

Despite a lack of training over many months, vet 060, Dave Edge, managed to reduce his last week's time by over half a minute to 27.12; as eleven year old Luke Hopkinson pushed hard at the longer distance to clock 27.50. Two entrants taking part in their second, successive event had different outcomes; Nick Smith improved by forty one seconds to return 29.01 while Angela Luznyj dropped back six seconds to 30.05; the latter being hunted down by Claire Williamson who improved to a 30.17 time. Returning after a seven week absence saw Wendy Lee record a slower 31.15, whereas, a regular participant, Dawn Brown, managed to knock twenty nine seconds off her PB to drop below the thirty five minute marker.

Julie Norton chose to complete the 3.6k on her return to the event after a three month absence to record 26.34; James Burgess (6) led Eden Pigott (7) by four seconds to the 2.2K line in 12.19; the Norton brothers: Ben (11) and Sam (9) claimed 13.34 and 15.31 times, while Esme Hopkinson (8) followed thirty six seconds adrift and Joshua Eames (6) meandered around to clock a slower 18.23.

Once again Edward Dodd (8) led the junior event with a time of 13.21 while Julie Barker escorted Olivia Lovatt (8) to a 15.53 finish.

Thanks to time recorders: Sam Goldstraw, Rachel Massey and Kathryn Smith, with Karen Burgess covering a marshal point.

B. (An ear to the ground and an eye on the times)