Brough Park Running Club - weekly event. (08/10/2016)

Despite continued disappointment at the weekly turnout, we are accruing a greater number of staff who can easily fill any breach; sufficient, on this occasion, to allow Steve to toe the line and parade his new running top, emblazoned with his number and of course the club emblem, around the 5K route; pursuing his new training partner – Donna – to a twelve second deficit, in a life-time PB of 23.38, and 88 seconds improvement on this route.

Martin Pigott was also wary of the aforementioned female, whom had piped him in training, to forge out a thirty nine seconds PB, to finish twenty five seconds ahead. Working his way through the field over the three laps and finally wedged in between the previous mentioned pair, was Paul Goldstraw, who will be eying that new-mile-stone mark as he also returned a PB, reducing his time by forty four seconds to 23.07.

The Cumberbatch pair became a trio once again; father Jonathan and Jacob (12) clocked slower times of 27.58; with nine year old Jacob a 20.10 time in the 3.6K; following nineteen seconds behind in the 5K was v65 Bill Mould, improving yet again to 28.17, a PB of forty one seconds.

Amanda Hampson once again paced Claire Williamson in the early and middle part, fading late on to return 32.19; with the former still eying that elusive Saturday mile-stone to return 29.14; ahead of them saw Wendy Lee record a three second PB in 29.05 and Charlotte Statham pushing on after her earlier escorting duties to a 28.43 finish. Unfortunately Rebecca Hinton felt ill shortly after her escort stint and was unable to continue to her goal.

Dawn Brown may have finished last once again, however, this time it was in her first attempt at the 5K, finishing in 35.13; the second lady to cover all four distances and vowing to consolidate her ‘pinnacle’ status at the next event.

Even though their times were all slower, there was an early battle higher up the rankings; Nick Hulme tried his utmost to keep pace with Matthew Statham before a previous week’s rib injury – sustained in some crazy mud-assault course – took its toll, trailing by over a minute in 21.46; Steve Massey enjoying his return to clock 22.26. The next five entrants were well spaced out: Rob Bond’s 23.51 was ahead of Tony Williamson by forty two seconds and Kevin Holroyd over a minute adrift; with Dan Smith’s 26.15 almost the same ahead of Karl Birch – Karl ambled around the route after a couple of absences due to a nasty, inflamed ‘horse fly’ bite on his thigh.

The Neilson trio raised their game; John escorting one daughter Chloe (11) to the 1.5K finish, this time without stopping and Keeley (9) completing an inaugural 2.2K in 13.51; almost passing the duo on the line was Grace Bond (9), with a 10.37 finish in the 2.2K; second place was taken by an improving James Burgess (5) as he clocked 11.48 and a PB of five seconds over this distance. The pursuing trio of: Eden Pigott (6), Kelsey Goodwin (8) and Daisy Williamson (10) all recorded slower times of 11.54, 11.59 and 12.32. Further down the line and also dipping below their best were: Mollie Williamson (6), Laurie Hinton and Joshua Eames (5), with 14.04, 14.11 and 17.24 times.

Two twelve year old SMAC team-mates returned to test the 3.6K route, on this occasion there was no club-merit to be gained and they covered the route together; Jordan Ash just gaining the upper hand in 15.07 and Nathan Geston recording the exact same time as previously, 15.14.

The junior 2.2K event returned to a par-turnout but only one PB: Luke Hopkinson (10) following forty nine seconds behind Sienna Phillips (9) to claim an improved, recent performance of 10.44; with Edward Dodd (6), Emily Hulme (8) and Millie Oakden ambling home to 11.53, 13.38 and 14.08 times, before William Dodd (4) claimed a PB of twelve seconds in 14.29. New comer, Leo Dawson, managed to stave off the pursuit of Esme Hopkinson by twenty seconds to record 15.08.

Thanks to the staff of: Kathryn Smith, Rachel Massey and Sam Goldstraw, and Nick and Emily Hulme in assisting the make-up.

B. (An ear to the ground and an eye on the times)